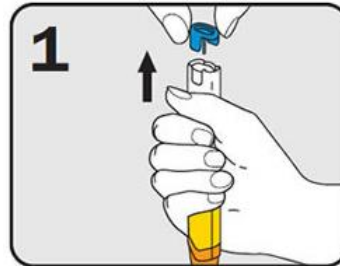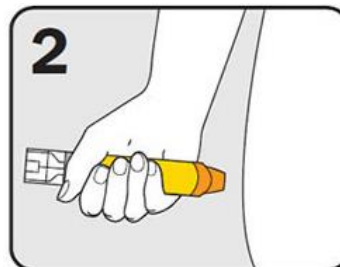# How to give EpiPen®

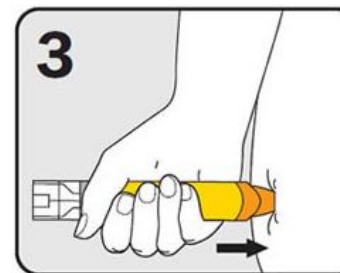**adrenaline (epinephrine) autoinjectors**

1. Form fist around EpiPen® and PULL OFF BLUE SAFETY RELEASE

2. Hold leg still and PLACE ORANGE END against outer mid-thigh (with or without clothing)

3. PUSH DOWN HARD until a click is heard or felt and hold for 3 seconds REMOVE EpiPen®