

Ayieel guöp (Anaphylaxis)

Ayieel guöp-Anaphylaxis ë k ew en l eu b e w ei raan nyai ny in, aku ok gu op r ed it ap ei ku ak olri ec aye dhi el lac looi k e t onj kaw en w ic yelac de b e lac looi n e ker ec ap ei. Ayieel gu op-Anaphylaxis ye rot looi t en e c i raan r  om kek k en e aku okde c ol aj ot rot nhial (ak olri ec aya mi th  e cam, K a m ul a waal  e dek), c ok ci en. Aci e k oc eb ene kek ayieel gu op anaphylaxis d om.

Yen  e k eril ap ei ba kiit ku t e bi tuany njic th in dhi el njic t en e k en e  e c ol ayieel - anaphylaxis

K ak tuany njic th in  e ayieel (anaphylaxis) kua k ew en l eu bik w ei raan nyai ku amat ayi kiit buoth k e c ok p iny k eth in:

- W ei rilic/ap eidit
- Buut  e liep
- Buut/aci r ol ny ithic alonjth in
- Jam  e yic ri el ap ei ku/ul a r ol y ar/ay uy u
- W ei ap ei ul a c ol  oc ol ap ei
- Ar  er ka w ic nhom/dhi ir ul a w iik p iny
- T o i gu op ku kom(k en e rot lac looi t en e mi th kor ap ei)

Th in k ok c i r ot looi y ic, ayieel-anaphylaxis  e buoth y e kiit th ii kor ayieel w en cik rac ap ei citmen e:

- Buut  e raan ny in ay er,thok ku ny inic
- Ayieel ul a buut w en et in  e d elk u
- Ar em y ac, anj ok (k ak ak ek kiit  e ayieel gu op (anaphylaxis) t en e aku ok k om)

Anonj ka ju ec k ok w en ye ri ec  e ayieel gu op juakic. Ka w el k e amat thu ec th in, atu oc, m au, ku k oc  e mi eth cik cam yi ek kuk gu op, t e cit abaanj d it c e cam ku cit t ew en c i y e looi th in.

D ic k en e  e ayieel c ol aloi rot ye k eril ap ei

Akimdu ab i w el ju ec ya thi ec w en l eu bik kony n e dhuk p iny kuat k e ayieel c ol looi rot cim ene mi th ul a waal ca cam ak olic, ul a ca r  om ke k a m. Lu op cit k en e ab i kony eya t e cit bi tuany d et anj ec th in ku c i l eu bi w a c kek ayieel gu op - anaphylaxis, cimene t oi ul a d om y in k e tuany  e c ol nok. Na ayieel gu op aci daak w ei n e t erj, k e k en e al eu b e buoth c ok  e th em ayieel gu op, ay e looi a okli ec ke ri em yen them ayieel  e c ol IgE (kua njic ri enken k ok  e c ol RAST) ul a wum d eldu yic n e th em, ke t e bi kony ku bi tuany njic ul a puuc k ak ayieel cak bei th in.

W el l ek alonj t e ayieel gu op them th in  e lon ba k a luth in b a ar neem ASCIA w epth aitic:

www.allergy.org.au/patients/allergy-testing/allergy-testing

Yen  e k eril ap ei ku ba njic lon ad i ka dh ol k ok c i luel k ak eb en e t en e ayieel (kek amat k e c ol cytotoxic mi th them, them Vega , kinesiology, kuer ayieel nyai-allergy elimination techniques, iridology, them gut ri al-pulse testing, Alcat testing, Rinkel's intradermal testing, reflexology, ku en mi em-hair analysis ku th em ayieel IgG mi th) ak ec ak im kuen ul a dh ol ci gam k oc c e pi oc ka y e k e ayieel njic. W el l ek alonj k ak them ayieel k e  e luth in k en e c ol ASCIA w epth aitic:

www.allergy.org.au/patients/allergy-testing/unorthodox-testing-and-treatment

D ic luoi  e ayieel – anaphylaxis aye w ei kony ke ju ec

Na y in aci ayieel – anaphylaxis d om ap ei, y in ab i ya kew ic lon bin ak en e c ol ar  om wek ak imdu. Ka k en e adhi el mat th in:

- **Tu oc pan ak im  e lui ak oi gu op - a clinical immunology/ak im njic t en e  e lu oi ayieel***
- **D ic  e nj o ye c ol acak rot/ nen ayieel- anaphylaxis** – K en e ab i any ik ool c i y in lu oi yelac mat th in ku ath em  e pan ak im ku jal aw  eric  e th em ayieel gu op
- **Pi o c abanj de w en  e ayieel naak thok** – k en e  e t ok ye k eril t en e mi th nonjic ayieel, cymene p el  e mi th aku ok looi  e yen kuer w en c i l eu ba ayieel y in ben d om. Ji em  e nhom t en e raan njic t ew en ayieel k oc dam th in n e mi th ek e cam y ic al eu ku ba w ic eya.
- **G em  e ke c ol an ASCIA Action Plan t en e Ayieel gu op-Anaphylaxis**** - ASCIA Action Plans  e raan nyu oth nen ku w al  e c ol adrenaline autoinjector ye tu om ked i.
- **Neem ak olak ol t en e ak im  e luoi gu op/ak im njic t en e  e lu oi ayieel.**

* Ak im njic t e  e lu oi ak oi gu op ku ayieel looi aci g at p iny n e alonj dan  e ASCIA w epth aitic: www.allergy.org.au/patients/allergy-and-clinical-immunology-services/how-to-locate-a-specialist

Acin luoi ke k edu: L ek ASCIA  e t inj k oc luth in akut ye c ol ASCIA ku k oc pi oc w el c i g ot ye t en e em en e th a a looi  e thi ec k oc. Ka w el t ou ath oric aci looi ke ba k a nj akiim luel t en e k oc w en the er b en waar wei ku k a nj thi ec alonj t ew en  e njic tuany ul a yelac k e dhil la t en e ak im njic yen api eth . © ASCIA 2015

LĒK Ě ASCIA TĒNĒ KĔC TUANY, KĔC ȲĔC KU KĔC MUKMUK

** ASCIA Action plans adhil bĕ thĕl nĕ luoi ĕ akĭm ku lor tĕu abŕŕhĭn kĕ cĕl adrenaline autoinjector. ASCIA kĕwic lac looi (ASCIA Action Plans) tĕnĕ ayĭel-Anaphylaxis atĕu thĭn etĕn ASCIA wĕpŕhĕitic:

www.allergy.org.au/health-professionals/anaphylaxis-resources/ascia-action-plan-for-anaphylaxis

Wĕl ĕ cĕl Adrenaline yen kŕŕ yĕlany tuen tĕnĕ ayĭel - anaphylaxis

Wĕl ĕ cĕl Adrenaline aye lac lui ke guĕp raan tĕ cĭnic gĕu wĕn ĕ ayĭel guĕ lac dhuk ciĕn ku yen yĕlaany tuen wĕn guĕ lac tĕu tĕnĕ ayĭel - anaphylaxis. Wĭnh ĕ cĕl Adrenaline autoinjectors nĕ tuĕm (e.g. EpiPen) amuk aban tŕŕ ye wĕl ĕ cĕl adrenaline wĕn ĕ tuom arak tŕkic, yen ĕ rĕĕr ke adrenaline tŕk, ku acĭ guir keya bĭ ya gam ayĭ kŕc ciĕ akĭim, cĭmĕne raan wĕn mĕĕth kĕ yĭn, raan piĕc, raan lui ke mĭith, amĭdhiĕth, raan wĕn tĕk apath ulĕ kŕc tuany kapĕc (erin na kĕk acin tĕwĕn looi yen ke tuĕm erot yetŕk).

Ade wĭnh ĕ cĕl adrenaline autoinjector adhil bi ya gam ke yĕ wĕn ci gĕt raan ke aban kĕwĕn cĕ mat aguiĕr ayĭel yĭcs, kua abĭ kĕwĕn ĕ cĕl ASCIA Kewic Lac Luoi tĕnĕ raan Ayĭel - Anaphylaxis ku jal apiĕc tĕwĕn yen bi akuĕk guĕp dhuk pĭny thĭn abĭ kĕk mat thĭn etĕn eya. Na yĭn ulĕ menhdu anŕŕ lon yen acĭ gĕt waal ĕ cĕl adrenaline autoinjector, yen ĕ keril apĕi yĭn awic kuĕn ku ye cĕl bĕric cĕn guĕ njĭc tĕ wĕl luoi thĭn, lŕĕm kĕnĕ ĕ kŕc piĕc ba ya looi tĕnĕ ayĭ pĕi ka diĕk ku lĕ gut nuan(using a trainer device every 3-4 months).

Tĕwic yĭ wĕl ĕ lĕk kŕk

Tĕnĕ wĕl/kĕĕn ĕ ayĭel - anaphylaxis yŕk thĭn (kĕwĕn met ayĭ ASCIA Kewic Lac Luoi- ASCIA Action Plans, FAQs, ASCIA Cĕĕth - ASCIA Travel Plans, lĕk abŕŕ wĭnh ĕ cĕl adrenaline autoinjector, kĕk piĕc erot ku kĕĕn nyuth yĭn) visit the ASCIA website:

www.allergy.org.au/health-professionals/anaphylaxis-resources

Ba nanŕ tuany ĕ cĕl ayĭel - anaphylaxis nhĭamdu ulĕ raan tŕŕ ĕ kŕc macthok yen rĕĕr ke ayĭel ye kĕ kuc riĕl tedĕt ku bak rĕĕr kĕya. Akutnhĭim kŕc kony ayĭel guĕp nĕ rĭn kek kŕc gam ku luel wĕl piĕth ĕ kŕc kok wĕn ke ayĭel. Akutnhĭim raan tuany ayĭel kony akĭn:

- Ayĭel Australia (Allergy & Anaphylaxis Australia)- www.allergyfacts.org.au
- Ayĭel New Zealand (Allergy New Zealand)- www.allergy.org.nz

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Akutnhom Australasian Ciĕn ĕ Pan akĭm akŕi guĕp ku ayĭel (ASCIA) yĕn cĭ piĕc ĕ akĭim ĕ kuĕn akŕi guĕp ku ayĭel guĕp eya wĕn luthĭn ĕ pan cĕl Australia ku New Zealand.

Wĕpŕhĕitic: www.allergy.org.au

Imiĕl: projects@allergy.org.au

Thanduk ĕ tuĕc: PO Box 450 Balgowlah, NSW Australia 2093

Acĭn luĕl ke kĕdiĕ - Disclaimer

Wĕrŕŕ kĕnĕ aye kĕwĕn cĭ looi bĕ gŕt ku tĭr kŕc wĕn akutnhom ĕ ASCIA members ku ye kĕnĕ cĭ kŕc njĭc ayĭel taakic ku abi luthĭn kĕ wĕt cĭ gĕt athŕic nĕ ayĭ thĕĕ ĕ thiĕc wĕl. Ka wĕl tĕu athŕic acĭe looi ke ba kĕĕn akiim luel tĕnĕ kŕc wĕn thĕĕr bĕn waar wei ku kĕĕn thiĕĕc abŕŕ tĕwĕn ĕ njĭc tuany ulĕ yelac kĕ dhil la tĕnĕ akĭim njĭc yen apiĕth. Anŕŕ luci ĕ wĕrŕŕ kĕnĕ acĭĕ kĕwĕn nŕŕ wĕu ci ke tĕĕu piny nĕ ayĭ akutnhom ȳc-wei ku akĕc luel eya bĕ akutnhĭim kĕĕn ȳac-wei.

Wĕl acĭ ke baar bĕr-pĭny Pĕidhĕtem (June) 2015